LGBTQ+ BEYOND THE RAINBOW

This course raises awareness of the issues faced by lesbian, gay, bisexual, trans, queer, intersex, asexual, pansexual and people of other sexualities (LGBTQ+) in housing and wider society both in the past and today.

Meet the Facilitator

Helen Armstrong

Executive coach, trainer, psychotherapist and Tai Pawb associate

Over 20 years experience of leadership roles in the Welsh housing sector

Course Synopsis



By the end of the course, participants will feel confident in their knowledge of sexual orientation, gender identity and LGBTQ+ terminology so that no one is afraid of saying the wrong thing.

The course will create greater awareness of the history of LGBTQ+ movement and legislation up to the present day and equip participants to recognise and challenge exclusion and discrimination.

Aims and Outcomes

It will further explore the culture of your own organisation, helping you identify practical steps to make it a friendly and welcoming place where everyone feels valued, included and can fulfil their potential.

Provide an understanding of LGBTQ+ terminology Allow participants to recognise anti LGBTQ+ prejudice both

- past and present and understand its effect on people
- Allow participants to understand how the law protects people from discrimination

Allow participants to understand the culture of your

organisation and consider how things can be

improved for colleagues and customers

Allow participants to understand how equality, diversity and inclusion makes for better organisations

Allow participants to be inspired to take positive action and make a difference

Available as a half day or a full day in depth session or bespoke to organisational requirements

